



The Gardens at San Carlos

Assisted Living & Memory Care

4553 E San Carlos Pl S, Tucson, AZ



Call or text any time of day at [520-214-1195](tel:520-214-1195).
We respond promptly during business hours.

Our Story

Hi, I'm Angela Keuhn, Resident Services Manager at The Gardens at San Carlos. My path in senior care began more than ten years ago, when I first stepped into a caregiving role and quickly realized how meaningful this work could be. Over time, I gained experience in hands-on care and working closely with families. What began as a job grew into a **true calling** rooted in compassion and respect for every resident I serve.

Throughout my career, I've seen how much the **environment shapes a resident's experience**. In larger settings, it's easy for people to feel overlooked. That's why families value the unique, **10-resident** setting we've created. It's an **intentionally small home where relationships come first**, and every resident is truly known.

I work closely with residents, families, and our team to create a warm, supportive atmosphere where people feel heard and respected. I believe the best care feels personal and consistent, with patience, kindness, and attention to detail guiding everything we do.

As a mother and grandmother, caregiving is deeply personal to me. I understand how important it is to trust the people supporting your loved one. My goal each day is simple: to help every resident feel safe, comfortable, and genuinely cared for.

This isn't a corporate facility. It's a home—secure, peaceful, and thoughtfully designed with natural light and comfortable spaces indoors and out.

If you're feeling overwhelmed by this decision, please know you're not alone. Our commitment to you is simple: your loved one will be known, respected, and cared for with both skill and heart.

I would be honored to meet you and show you what that looks like in person.



Angela Keuhn

Resident Services Manager

The Gardens at San Carlos - Residential Assisted Living and Memory Care

Why Choose The Gardens

Choosing the right **senior care setting** can feel like a big decision. At The Gardens, we aim to make this process feel **calmer and more straightforward** by helping you understand who tends to thrive in our home, along with a few insights to support you in **finding the right fit** for your loved one.

A Gentler Transition

Moving into assisted living or memory care can feel overwhelming. Our intimate 10-resident home offers a calmer, more manageable transition. With **fewer faces, less noise, and a simple residential layout**, residents often settle in more comfortably. We take time to understand routines, preferences, and care needs so each move feels steady and respectful.



Locally Managed and Operated

The Gardens at San Carlos is locally run — not part of a national chain. Families have **direct access to leadership**, with no corporate phone trees. Our Arizona-certified, memory-trained caregivers provide attentive, personalized care in a safe, welcoming home.



Transparent Pricing

Our pricing is clear and predictable, based on level of care. **All rooms are private with private bathrooms.** We outline what's included and what's not, so families can plan confidently without surprise fees (see page 6).

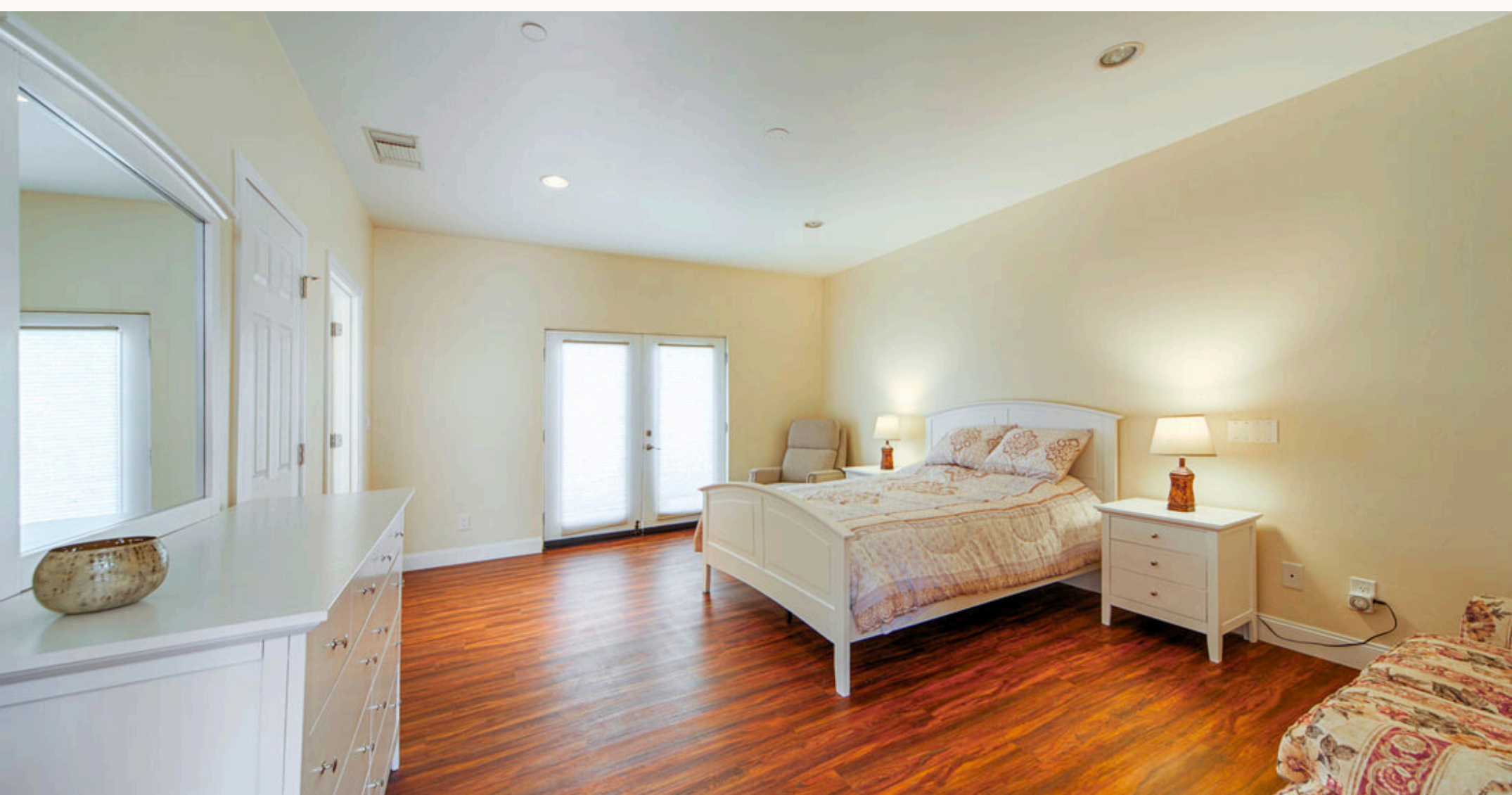
Visitors Are Always Welcome

Family connection matters. Loved ones are encouraged to visit, celebrate holidays, and gather for special moments. **Frequent visits are encouraged and designed to feel comfortable and unhurried**, allowing families to remain an active part of daily life.



To check current availability, [text 'OPEN' to \(520\)-214-1195](tel:5202141195)





Pricing

Starting at \$5,500 / mo.

We believe senior care pricing should feel clear and predictable. At The Gardens at San Carlos, monthly rates range from **\$5,500 to \$6,750** depending on ***room selection*** and ***level of assistance needed***. Early-stage memory care is included within this range. We will walk you through exactly what applies to your loved one so there are no surprises.

Our monthly rate includes:

- Private bedroom with private bathroom
- Assistance with bathing, dressing, mobility, and daily routines
- Medication management
- Three home-cooked meals daily
- Snacks and hydration check-ins throughout the day
- Housekeeping and laundry (at least twice weekly or as needed)
- Daily activities and holiday celebrations
- Secure, coded-entry home with 24/7 caregiver support

These services are available and coordinated by us, but billed separately:

- Salon and beauty services (mobile provider)
- Outside transportation for medical visits
- Optional private phone lines or upgraded cable TV service
- Optional room furnishings

Personal care supplies (such as incontinence products) are provided by families.

Our goal is simple: **honest pricing, clear communication, and no hidden fees** — so you can plan with confidence.

“The people at the Gardens at San Carlos are all angels! My husband was there for nearly three years, I was welcomed every day, and was even allowed to bring his dog!”

-Virginia M.



Our Rooms

At The Gardens at San Carlos, each of our 10 residents enjoys a private bedroom with a private bathroom — offering comfort, privacy, and dignity. Our rooms feature **open layouts**, beautiful **natural light**, and **thoughtfully designed bathrooms** with tiled walk-in showers, safety bars, and seating for added stability and ease.

We encourage families to **bring familiar furniture, photos, and personal touches** to help their loved one feel at home right away. For those who prefer a simpler transition, we offer an ***optional furnishing package*** for a modest monthly fee. Every room is cable-ready with space for a smart TV and internet access, creating a peaceful, personalized space that feels welcoming and secure.



“Most amazing
establishment that I've
seen in many years.”

– *Jerrell P.*



Daily Activities

At The Gardens at San Carlos, daily life is built around meaningful connection and thoughtful routines. We believe activities should never feel forced or overwhelming. Instead, they are designed to support each resident's **physical, cognitive, and emotional well-being** in a way that feels natural and engaging. Movement and engagement are **woven naturally into the day** to support mobility, circulation, digestion, and overall health, with caregivers nearby to provide guidance and reassurance.

With just 10 residents, we're able to tailor experiences to individual interests and abilities. Whether someone enjoys music, conversation, gentle movement, or quiet time outdoors, we create opportunities that feel purposeful and personal.

A few activities our residents enjoy:

- Seated stretching and light exercise
- Music therapy and singalongs
- Art classes and hands-on crafts
- Classic movies and favorite TV shows
- Board games, trivia, and puzzles
- Pet therapy visits
- Patio time by the pool
- Storytelling and memory-sharing conversations
- Holiday celebrations and themed events
- Birthday dinners with favorite meals



Menu & Dining

Familiar, enjoyable meals play an important role in maintaining **health, energy, and strength** in assisted living. Our **home-cooked meals** focus on resident favorites and comforting, familiar dishes that encourage healthy appetites and support daily well-being. Menus are dietician-approved and include **fresh fruits and vegetables**, with options for softer textures or special diets when needed. Snacks are always available and are also scheduled three times daily. Drinks are offered at every meal. All meals are shared with caregivers nearby to assist when needed, creating a relaxed and welcoming dining experience that feels like home. Below is a sample of our weekly meals.

	Breakfast	Lunch	Dinner
Monday	Fried Egg Sausage Hash Browns Fruit	Tuna Salad Sandwich Peaches Water	Meatloaf Mashed Potatoes Carrots Apple Crisp Water
Tuesday	Cinnamon Rolls Strawberries & Blueberries Coffee Water	Beef Vegetable Soup Cinnamon Applesauce Water	Cowboy Casserole Broccoli Blueberry Cobbler Water
Wednesday	Pancakes Bananas Coffee Water	Meatball Sub Cinnamon Apples Water	Beef Stroganoff Peas Snickerdoodle Swirl Blondies Water
Thursday	Denver Omelet Jelly Biscuit Coffee Water	Chicken Bacon Ranch Wrap Pears & Bananas Water	Turkey Loin Roasted Potatoes Green Beans Ice Cream Water
Friday	Blueberry Muffins Mandarin oranges Coffee Water	Cheeseburger Pasta Salad Water	Chicken Pot Pie California Medley Poke Cake Water
Saturday	French Toast Casserole Coffee Water	Chicken Strips Cole Slaw Water	Chili and Cornbread Carrots Sherbert Water
Sunday	Biscuits and Gravy Coffee Water	Sloppy Joes Potato Salad Water	Fiesta Chicken Mexican Rice Bread Pudding Water



Financial Questions

We understand that planning for assisted living often involves multiple family members and important financial decisions. While every situation is different, **the options below are commonly used by families to help make care more manageable**. Our team is always happy to answer questions and point you toward trusted professional resources if we are aware of help that may be available.

Financial Planning Options

Some families choose to explore options such as the sale of a personal residence, reverse mortgages, or short-term bridge loans to help cover care during transitions. Services like **ElderLife Financial** specialize in helping families understand these choices and determine what may fit their situation.

Medicaid Payment

The Gardens **does not** accept Medicaid at this time. While we would love to offer this option, the program's reimbursement structure and administrative requirements make it difficult for smaller, privately owned assisted living homes to participate.

Veterans Benefits

The **VA Aid & Attendance** benefit may help qualifying veterans and surviving spouses offset the cost of memory care. Eligibility generally requires **wartime service**, along with medical and financial qualifications related to the need for daily assistance. Because the application process can be complex and time-consuming, many families choose to work with an experienced service such as **United Veterans Assistance** for guidance.

Please Note: The links on this page are for third party services not affiliated with The Gardens at San Carlos. The Gardens is providing these resources as a convenience and does not receive commissions from these providers. We recommend doing your own research to ensure that any selected services meet your criteria.

Get in Touch

Whether you just have questions or are ready to come visit, we're here to help. Text or call us anytime—we respond promptly during business hours, and **you'll connect directly with the house manager or a dedicated team member**. At The Gardens, we value genuine relationships and a warm, welcoming environment. We look forward to meeting you!

Availability

For information on our current openings, please [text 'OPEN' to \(520\)-214-1195](tel:(520)214-1195)



[4553 E San Carlos Pl S, Tucson, AZ 85712](#)



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[Click to Schedule a Tour](#)

"The Gardens at San Carlos is a modern home away from home with...experienced staff and caregivers. I would not hesitate to consider placing a loved one here."

-A Ong



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